

Let's Get Started With Chapter 2 Living by Allergy Words Consulting, LLC

Name:	
Telephone:	
Address:	
Current Occupation:	
Interests:	
Education:	

Here are a few questions in preparation for our first session together. I would also like you to choose three goals that we can work on together. Remember, this is only the beginning on the path of discovery that will enable you to make the most of who you are. Please complete the questions before we begin.

1. What have you been procrastinating about lately? Can you list 7 things?
2. What is the most important thing you learned in the past year?
3. What do you consider to be your strengths?
4. If you were not doing what you do now – what would you like that to be?
5. What characteristics or trait do you find most appealing to others?
6. What is it you think you had as a child that you do not have now?
7. If you were guaranteed success, what would you do?
8. What talents do you have that few, if any see?
9. What is your biggest fear?